

3 Main healthcare indicators and informations about health tourism

### What is the number of hospital beds per patient? (private and public sector seperately if available)

#### 34.3 Beds / Per 10 000 population (MOPH 2014)

### \* What is the number of doctors and other healthcare staff per patient? (private and public sector seperately if available)

30.67 Physicians, 29.59 Nurses, 3.43 Midwifery and 12.92 Dentists / Per 10 000 population (MOPH 2014)

#### Are there any foreign national health staff working in the country? From which country foreign medical personnel mainly come from? What is the legal procedure to employ foreign national physicians in the country?

Under the provisions of the Law Regulating the Practice of Medicine (No: 204 / dated March 2, 1993) Foreign national health staff are allowed to act in Lebanon . However, foreign national health staff occupy a very small employment share, majority are Syrians and mainly work as nurses and technicians. Foreign physicians should get licensed from: Colloquium, Ministry of Health, and the Lebanese Order of Physicians. Aside of the required certificates and documents, a foreign Physician should pay a none refundable fees of 500 Millions LP (approx: 335.000 US Dollars) for registration and required membership at the Order of Physicians in Lebanon.

#### \* What are the most commonly seen diseases in the country?

The Lebanese Ministry of Health in Lebanon has conducted an assessment study for the most common health problems seen in Primary Health Care (PHC) facilities. The assessment aimed at identifying areas of strength and gaps in the current system. Data were drawn from 23 PHC centers in various regions of Lebanon, in addition to an 8-year review of the experience of the Department of Family Medicine at the American University Hospital. In general, 46% of all visits to PHC centers did not include any kind of diagnosis. Most centers provided data on large categories of diseases without breakdown into specific entities. The most commonly identified health problems were hypertension, diabetes and asthma, in addition to eye and ear diseases, cardiologic conditions, and dermatologic problems. Other health problems included ill-defined signs and symptoms associated most likely with mental distress. Dental caries, skin and hair parasites, and respiratory tract infections topped the health problems among children. The ongoing conflict in Syria continues to force masses of Syrians into neighboring countries. Lebanon counts the greatest number of displaced Syrians in the Middle East: according to UNHCR, there are currently more than 1.2 million registered Syrian refugees in Lebanon, 76% of whom are women and children. Unofficial numbers suggest a count in excess of 2 million, constituting around 45% of the Lebanese population. Many Syrian refugees are arriving in Lebanon having had no or limited access to health care for months and children have missed vital routine vaccinations. These vulnerable populations are at high risk of contracting communicable diseases, particularly when living in crowded conditions with limited access to safe water and sanitation facilities. Lebanon is taking all steps necessary in order to maintain its polio-free status (since 2002). Measles and Hepatitis A remain a major public health concern, particularly since the country witnessed a significant measles outbreak and at least a five-fo

#### \* What is the average time limit for access to treatment of the most common diseases?

Usually the treatment is immediate, there is no waiting list.

# \* What are the main diseases of which medical treatment is inadequate?

All available treatments in Lebanon are adequate. However, a report of the assessment of the mental health system in Lebanon using the World Health Organization -Assessment Instrument for Mental Health Systems (WHO-AIMS) found that mental health services are inadequate and are not given the attention they require. Lebanon is a small country which has suffered from various wars and political conflicts throughout its history. Consequently a considerable number of Lebanese people have been exposed to war-related traumatic events at some point in their lives. Many display symptoms of mental disorders - mainly anxiety and mood disorder as per the latest local study. Unfortunately, the number of individuals with mental disorders not receiving a treatment is considerably high - 9 out of 10. Moreover, more than 90% of MH services are provided by the private sector & therefore paid out-of pocket by service users.

The budget for Mental Health constitutes 5% of the general health budget, mainly devoted to cover long stay inpatient cost in private mental hospitals whereas outpatient community based services are the responsibility of the private sector with no budget except for those providing certain psychotropic medicines for free. However, expenditures on mental health are still far below the needs.

\* What are the main procurement methods for medical devices (import, donation, aid, etc.)?

Import of medical devices is subject to free market rules, and monitored by the Ministry of Public Health. Donations and aids are accepted and exempted from duties through the High Relief Committee, a public institution affiliated to the Prime Minister's Office.

\*For which reasons and for which treatments do patients go abroad? (Waiting lists, insufficiency of health staff, inadequecy of healthcare providers, high cost, relaxation purposes etc.) Which counties do they prefer frequently?

All kind of medical treatment and healthcare are available in Lebanon. However, some patients with high financial capabilities go abroad to receive treatment at international medical centers for heart diseases, cancer, organ transplants, neurosurgery, etc. Patients with less financial capabilities go abroad to receive treatments or surgeries that are not covered by public insurance and have high cost in Lebanon like Esthetic treatments and surgeries.

\* What are the main dominant international accreditation certifications in healthcare sector in the country?

In order to strengthen the growth of the health sector in general and the governmental sector in particular along with enforcing the role of governmental hospitals to be able to compete with other health care institutions, improving the quality of health care services provided by Primary Health Care (PHC) centers across Lebanon has become a priority to the Lebanese Ministry of Public Health (MoPH).

For this reason, MOPH in collaboration with Accreditation Canada implemented the Accreditation program on PHC centers chosen from across Lebanon. This program started during 2008 with Phase 1 of implementation reaching Phase 5 of implementation planned for 2016.

\* Are there any legal and actual obstacles when the government sends (its citizen) patients to abroad (other country/healthcare institution)?

No there are no legal and actual obstacles implemented when government sends patients to receive healthcare abroad.

#### lain Information about healthcare education and bilateral cooperations

\*Are there any faculties of medicine and/or institutions providing healthcare education in the country? If yes, how many public and private university do have medical faculties? Please provide information concerning the geographical distribution and quality of these institutions as well as the general content of the education provided.

The medical field became known in Lebanon around the middle of the 19th century. It was a characteristic of big cities and included a few qualified doctors or surgeons mostly missionaries, or members of the Ottoman Army, the governing power at that time. Missionaries played an essential role in the introduction of medical education in the country, mainly through two universities, one English-speaking and the other French-speaking.

According to the official list of universities and institutes of the Ministry of Education and Higher Education, Lebanon counts 19 universities and 2 institutes awarding diplomas in the health sector. The terminologies used in the diploma names for the same specialization differ from one university to another; the situation is similar regarding affiliation to faculties.

There is one public university, namely Lebanese University (UL) with Faculties of Medicine Dentistry, Pharmacy, Agriculture and of Public Health. As for the private universities, there are 5 universities that have Faculties of Medicine; namely: American University of Beirut (AUB), Saint Joseph University (USJ), Holy Spirit University of Kaslik (USEK), University of Balamand and Beirut Arab University. The rest are universities awarding diplomas in dentistry, pharmacy, health sciences, nursing and agriculture.

\*Are there any health agreement, protocol or Memorandum of Understanding (MoU) with Turkish government ?

#### Agreement on Cooperation in the Field of Health (11 January 2010).

## Main operational principles of the pharmaceutical sector

\* What is the general legal framework concerning the pharmaceutical sector ? (Production, import, export, investment, medication) According to the Law No. 530 issued on 16.07.2003, Drugs registration follows a chain of links that are all submitted to the control of a Drug Registration Technical Committee (TC) at the MOPH. All pharmaceutical products must be registered at the MOPH whether being manufactured locally or imported. Any importation or distribution of drugs that is not submitted to the control of the MOPH is considered illegal and therefore is subject to confiscation. Manual for Administrative Procedures for Drugs & Pharmaceutical Products Registration is available on the Ministry's web site: www.moph.gov.lb

Guidance and List of Requirements for Registration of Biosimilars Products: Lebanon chose to follow the "Guidelines on Evaluation of Similar Biotherapeutic Products (SBPS)" issued by the WHO, as adopted by the 60th meeting of the WHO Expert Committee on Biological Standardization, 19-23 October 2009 to evaluate the submitted SBS Files. Guidance for Registration of Similar Biological Medicinal products (Biosimilars) and the List of Requirements for the registration of Biosimilar products according to CTD format are available on www.moph.gov.lb

## \* Is there any pharma manufacturing industry in the country (local-international)?

There are 11 pharmaceuticals manufacturing industries in Lebanon, some of them are owned by Lebanese and foreign entities and some others have signed agreements with notable multinational pharmaceutical comapnies for toll manufacturing, in license and out license.

\* Is there any medication that can not be provided within the medical treatment?

Almost all kind of medications and molecules are available in Lebanon.

## \* What is the total size of the pharmaceutical market and its composition in terms of therapeutic groups?

According to Business Monitor International (BMI) in its most recent Pharmaceuticals and Healthcare report for Lebanon, estimated pharmaceutical sales in Lebanon reached \$1.63B in 2015 and are expected to grow to \$1.75B in 2016. Healthcare spending was estimated at \$3.59B in 2015 and is also expected to rise to \$3.91B in 2016.

The largely urbanized Lebanese population spends a lot on pharmaceuticals. BMI projects pharmaceutical per capita spending to increase further from \$279 in 2015 to \$374 in 2016. Lebanon is likely to continue to disburse a large portion of its GDP (3.22% by 2020) on pharmaceuticals over the medium term. This portion is the largest in the MENA Region.

# \* What are the top 5 pharmaceutical companies, distributors & molecules?

The top five pharmaceutical companies are: Pharmaline (www.pharmaline.com.lb), Mediphar (www.medipharlabs.com), Benta (www.bpi.com.lb), Algorithm (www.algorithmlb.com) and Arwan (www.arwanlb.com).

Top five distributors are: Mersaco (http://www.mersaco.com/), Droguerie Fattal (http://www.fattal.com.lb), Omnipharma (http://www.omnipharma.com), Droguerie R, Pharaon & Fils (http://www.pharaon.com.lb). Abela Freres (http://abela-freres.com.lb)

As far as molecules; Blood pressure, cholesterol, diabetes, oncology, neurology, urology and psychiatry medications.

#### \* Is there any tendering, if yes, what are the percentages of tender & free market as market shares (%)?

N.A.

#### \* How many pharmaceutical companies are there in the market?

There are 11 pharmaceutical manufacturers and more than 100 importers and distributors operating in the Lebanese market.

## \* What are the generic and originator product market shares?

The campaign promoting the use of generic drugs is fairly recent in Lebanon, therefore patented drug sales are still dominant on the Lebanese market. In 2015, sales of patented drugs reached \$800M and as such accounted for 61.8% of prescription drug sales and 49% of the total market. BMI believes that the generic drugs are perceived as inferior to patented drugs which leads to the estimate that patented drugs will still represent 51% of total medicine sales in 2020 and 52.2% by 2025.

Lebanon's Generic Drug Market For the time being, generic drugs are marginalized on the market. In 2015, spending on generic drugs totaled \$494M or only 30.3% of the total market and 38.2% of total prescription drug sales. In 2016, the generic drugs sector is expected to grow to \$539M and will register a compounded annual growth rate (CAGR) of 8.2% over the forecast period to reach \$734M in 2020. According to the Health Ministry and BMI, 21% of generic medicines are available and manufactured in Lebanon. In spite of this, consumer demand for generic drugs remains low for the time being. However, that is likely to change when awareness campaigns take full effect and when consumers realize that they could be saving significant amounts of money.

#### Additional Information

# What are the main foreign and local investments in healthcare sector? (Please indicate in each areas of hospital, pharma manufacturing, medical and medical devices)

There are 2 hospitals; The American University Hospital of Beirut and Hotel Dieu Du France were established by Missionaries from the USA and France. Few other private hospitals and medical clinics are affiliated to international medical centers. For instance, Beirut Clemenceau Medical Center CMC and Johns Hopkins Medicine International. In pharmaceuticals industry, among the 11 manufacturers there is only one company Arwan Pharmaceutical Industries Lebanon S.A.L. that has investors/business partners from United Arab Emirates.

## \* Healthcare providers: The institutions that provides medical treatments with an experienced, specialized health staff such as hospitals, clinics.

List of such institutions is available on: www.moph.gov.lb under heading "Health Facility Locator" and on the web site of the Syndicate of Private Hospitals in Lebanon http://www.syndicateofhospitals.org.lb